

REGISTRATION INFORMATION

EVERYONE must pay the non-refundable Gymnastics BC yearly membership fee. Membership runs from September 1 to August 31. This fee will be added to your first program registration per gymnast.

FALL: \$50
WINTER: \$40
SPRING: \$30
SUMMER \$10



HOW TO REGISTER:

1. Online at www.kerrigan-gymnastics.com – Credit Card
2. In Person – Interac, Cash or Credit Card
3. By Phone – Credit Card



Your child will be registered in the class of your choice upon receipt of your registration and payment. Registration will be processed on a first come first serve basis. Remember that class size is limited and some classes will fill up early.

If a class does not meet the minimum number of students it will be cancelled after the 1st class. You will have the opportunity to switch classes or receive a refund.

Receive a 5% discount off 2nd child's class fee and each additional child's fee.

Receive a 5% discount if you register a child to two or more classes.

Payment can be made in full by cash, Visa, Mastercard or debit. We do not accept cheques. A monthly payment plan is also available by Visa or Mastercard only. Payments are deducted on the first of the month..

DO NOT REGISTER IN A CLASS IF YOU ARE UNSURE OF YOUR COMMITMENT. If a member cancels before the first day of classes only 80% of the class fee will be refunded.

If a member cancels after the first day of classes only 80% of the pro-rated balance will be credited.

No refunds or credits will be issued after the 3rd class, except for medical reasons in which case a doctor's note must be provided.

A \$10 transfer fee will be charged if moving from one class to another.

Make up Classes, Holidays and Gym Closure
Make up classes are only provided if Kerrigan Gymnastics Academy cancels a class. The gym will be closed for all Statutory Holidays. Closure due to weather or circumstances beyond our control will not be offered a make up class.

Gym Rules and Regulations
Athletes must come prepared for class and arrive on time. Athletes are asked to wait upstairs for their classes to commence before entering the gym. No use of the equipment is permitted unless under the supervision of their coach. NO FOOD OR BEVERAGES are allowed in the training area, this includes chewing gum and candy. Only athletes participating in a class are permitted to enter the gym. There is a viewing area provided upstairs for parents and siblings.

DROP IN

FAMILY DROP IN
Friday 7:00pm – 9:00pm
Monday to Friday 11:30am–1:00pm

Cost: 1 hour \$7.00
1.5 hours \$8.00
2 hours \$10.00

ADULT DROP IN
Call for times.

HOLIDAY EVENTS

SPRING VACATION March 16 – 20, 2009

We will be offering 1/2 day camps from 9:00am to 1:00pm or 1:00pm to 5:00pm. Please pack a snack. Full day camps will run from 9:00am–5:00pm. Please pack 2 snacks and a lunch.

ACADEMY IS CLOSED
Easter Monday – April 5, 2010
Victoria Day – May 24, 2010

BIRTHDAY PARTIES

Our birthday parties are 2 hours long. The 1st hour is in the gym, where the kids play on the equipment, foam pit, air castle, and on the trampolines while being supervised by a certified instructor. The kids will then wash their hands, put shoes on and head upstairs to the party room for 45 minutes.



The party room will be setup by our staff with table cloths, plates, cups, napkins, and cutlery. If you bring your own food you will need to set that up before the kids come upstairs. You will have 15 minutes before the kids arrive.

If you order pizza through us it will be upstairs waiting for the kids to arrive. Our staff will assist you in the party room while the kids are eating and having cake. The last 15 minutes of the party the birthday child gets to open up presents.

INCLUDED IN THE PARTY

- 12 kids including the birthday child
- Certified instructors
- Birthday party invitations with directions to our facility
- 2 hours in Kerrigan Gymnastics Academy facilities
- 1 hour of games and fun activities
- 45 minutes for food and cake
- 15 minutes for gift opening
- Forks, Knives, Cups, Plates, & Napkins (Kids Only)
- Kerrigan Gymnastics Academy T-shirt for the birthday child

PARTY PRICES WITHOUT PIZZA

| | |
|------------------------|--------------|
| Members | \$140+gst |
| Non-members | \$145+gst |
| Additional Participant | \$8+gst each |

PARTY PRICES WITH PIZZA

| | |
|------------------------|---------------|
| Member | \$170+gst |
| Non-member | \$175+gst |
| Additional Participant | \$12+gst each |

Ask us about our new one hour Birthday Parties. One hour of fun in the gym, where the kids play on the equipment, foam pit, air castle, and on the trampolines while being supervised by a certified instructor.

| | |
|------------|----------|
| Member | \$80+gst |
| Non-member | \$85+gst |



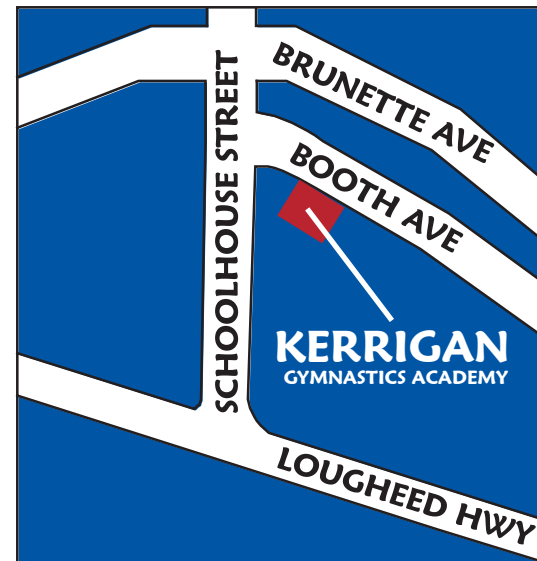
In order to hold your party time slot a \$50 non-refundable deposit is required at the time of the booking. The remaining portion of payment will be made 30 minutes into the party. Fees subject to 5% GST All participants at our Birthday Parties are insured for a one-time visit. We are, however, required to collect the names and phone numbers of ALL participants on behalf of GBC who must provide it to AII Sport Insurance in order to validate this insurance coverage. Please complete the Birthday Form and return it to the gym prior to your party.



1550 Booth Ave
Coquitlam, B.C.
V3K 1B9

P (604) 528-9988
F (604) 528-9880

www.kerrigan-gymnastics.com



FALL, WINTER, SPRING
2009/2010

604 528 9988

www.kerrigan-gymnastics.com



Children are likely to become bored if an activity is too easy and frustrated if an activity is too hard. Our goal is to help children develop a life-long love for movement and physical activity, so children being challenged within their ability level are important to us and we have developed an innovative level system to ensure happy, healthy little gymnasts.

The Leap Frog Program takes 100 fundamental gymnastics skills that children are capable of learning before age 7 and breaks them down into 5 Levels. Students enter into their first level according to their age if they have had no prior gymnastics experience. If students have prior gymnastics experience, then they enter according to their skill level.

SESSION DATES

FALL 2009

September 14 to December 19, 2009

WINTER 2010

January 4 to March 22, 2010

SPRING 2010

April 6 to June 26, 2010

SUMMER 2010

July 5 to August 27, 2010

TADPOLES 15 months to 2 years

Let's jump, climb and swing! The Tadpoles class is designed to provide multi-movement opportunities for your toddler to start developing "physical literacy" skills in a fun and safe environment.

| | | | |
|-------|--------|---|----------------------|
| Cost: | Fall | Mon,Wed (13 Classes) Tue,Thur,Fri,Sat (14 classes) | \$126.75 \$136.50 |
| | Winter | Mon to Sat (12 classes) | \$117.00 |
| | Spring | Mon (10 classes) Tue to Sat (12 classes) | \$99.50 \$117.00 |

MONDAY: 10:30am-11:15, 5:00pm-5:45pm
 TUESDAY: 9:30am-10:15am, 6:00pm-6:45pm
 WEDNESDAY: 9:30am-10:15am, 4:15pm-5:00pm
 THURSDAY: 10:30am-11:15am, 5:00pm-5:45pm
 SATURDAY: 9:00am-9:45am,10:30am-11:15am, 11:15am-12:00pm



Printed August 2009

POLLYWOGS 2 to 3 years

Come have a "jumping Jamboree" with your child each week as we play musical warm-up games, introduce simple locomotive movements, basic gymnastics positions and begin skill development on each of the gymnastics events.

| | | | |
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| | Winter | Mon to Sat (12 classes) | \$117.00 |
| | Spring | Mon (10 classes) Tue to Sat (12 classes) | \$99.50 \$117.00 |

MONDAY: 9:30am-10:15am, 11:15am-12:00pm, 1:00pm-1:45pm, 4:00pm-4:45pm
 TUESDAY: 10:30am-11:15am
 WEDNESDAY:10:30am-11:15am,1:00pm-1:45pm,5:00pm-5:45pm, 6:00pm-6:45pm
 THURSDAY: 9:30am-10:15am,11:15am-12:00pm, 1:00pm-1:45pm 4:00pm-4:45pm
 FRIDAY: 10:30am-11:15am
 SATURDAY: 9:45am-10:30am,11:15am-12:00pm

LITTLE HOPPERS 3 to 4 years

This energetic class is for children ready to participate independently in the gym. This class incorporates skill development, creative movement, group and individual gymnastics activities!

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| | Spring | Mon (10 classes) Tue to Sat (12 classes) | \$99.50 \$117.00 |

MONDAY: 9:30am-10:15am,1:00pm-1:45pm, 4:00pm-4:45pm
 TUESDAY: 9:30am-10:15am, 4:00pm-4:45pm
 WEDNESDAY: 9:30am-10:15am,10:30am-11:15am,1:00pm-1:45pm, 4:15pm-5:00pm, 6:00pm-6:45pm
 THURSDAY: 9:30am-10:15am,1:00-1:45pm, 4:00pm-4:45pm
 FRIDAY: 9:30am-10:15am
 SATURDAY: 9:00am-9:45am, 9:45am-10:30am, 10:30am-11:15am, 11:15am-12:00pm

YELLOW FROG 4 to 5 years

Ready, Set, Jump! The Frogs class takes your child on a fun-filled, action-packed gymnastics adventure through our Leap Frog Program.

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|-------|--------|--|----------------------|
| Cost: | Fall | Mon,Wed (13 classes) Tue,Thu,Fri,Sat (14 classes) | \$169.00 \$182.00 |
| | Winter | Mon to Sat (12 classes) | \$156.00 |
| | Spring | Mon (10 classes) Tue to Sat (12 classes) | \$130.00 \$156.00 |

MONDAY: 10:30am-11:30am,1:00pm-2:00pm, 4:00pm-5:00pm, 5:00pm-6:00pm, 6:00pm-7:00pm
 TUESDAY: 9:30am-10:30am, 10:30am-11:30am, 4:00pm-5:00pm
 WEDNESDAY:9:30am-10:30am,10:30am-11:30am,1:00pm-2:00pm 4:00pm-5:00pm, 5:00pm-6:00pm,6:00pm-7:00pm
 THURSDAY: 10:30-11:30am, 1:00pm-2:00pm, 4:00pm-5:00pm, 5:00pm-6:00pm, 6:00pm-7:00pm
 FRIDAY: 9:30am-10:30am
 SATURDAY:9:00am-10:00am,10:00am-11:00am,11:00am-12:00pm

ORANGE FROG 4 to 5 years

Watch in amazement as your child's gymnastics skills, coordination, agility, concentration, and love for movement and physical activity increase. The journey is fun and rewarding.

| | | | |
|-------|--------|--|----------------------|
| Cost: | Fall | Mon,Wed (13 classes) Tue,Thu,Fri,Sat (14 classes) | \$169.00 \$182.00 |
| | Winter | Mon to Sat (12 classes) | \$156.00 |
| | Spring | Mon (10 classes) Tue to Sat (12 classes) | \$130.00 \$156.00 |

MONDAY: 9:30am-10:30am, 10:30am-11:30am, 6:00pm-7:00pm
 TUESDAY: 10:30am-11:30am, 5:00pm-6:00pm
 WEDNESDAY: 9:30am-10:30am, 10:30am-11:30am,1:00pm-2:00pm 5:00pm-6:00pm,6:00pm-7:00pm
 THURSDAY: 9:30am-10:30am, 10:30-11:30am, 1:00pm-2:00pm 6:00pm-7:00pm
 FRIDAY: 9:30am-10:30am
 SATURDAY: 9:00am-10:00am, 10:00am-11:00am,11:00am-12:00pm

RED FROG 6 to 7 years

Watch in amazement as your child's gymnastics skills, coordination, agility, concentration, and love for movement and physical activity increase. The journey is fun and rewarding.

| | | | |
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| Cost: | Fall | Mon,Wed (13 classes) Tue,Thu,Fri,Sat (14 classes) | \$169.00 \$182.00 |
| | Winter | Mon to Sat (12 classes) | \$156.00 |
| | Spring | Mon (10 classes) Tue to Sat (12 classes) | \$130.00 \$156.00 |

MONDAY: 5:00pm-6:00pm, 6:00pm-7:00pm
 TUESDAY: 5:00pm-6:00pm
 WEDNESDAY: 4:00pm-5:00pm, 5:00pm-6:00pm, 6:00pm-7:00pm
 THURSDAY: 5:00pm-6:00pm, 6:00pm-7:00pm
 SATURDAY: 9:00am-10:00am, 10:00am-11:00am, 11:00am-12:00pm

RECREATIONAL & INTERCLUB PROGRAMS

For boys and girls aged 8 and up our recreational program is based on the same 100 skills program as our Leap Frogs Program. Students receive our 100 skills take-home skill chart, if a student has learned a new skill, they will receive a sticker to place on their chart. Our Interclub program expands the opportunities for athletes at the recreational level. It provides gymnasts with the chance to be part of a team, learn and master routines and have the chance to perform. Interclub promotes a creative environment that does not follow traditional competitive gymnastics. In addition it provides a performance opportunity in a meet-type setting for recreational athletes of all abilities. There is a minimum of 2 days required, and is by assessment or recommendation only. The Interclub program is a class that runs from September to June.

GIRLS RECREATION 7 years +

This class is for girls just starting to do gymnastics. They will learn the basics of gymnastics.

| | | | |
|-------|--------|--|----------------------|
| Cost: | Fall | Mon,Wed (13 classes) Thu,Sat (14 classes) | \$253.50 \$273.00 |
| | Winter | 12 classes | \$234.00 |
| | Spring | Mon (10 classes) Wed,Thu,Sat (12 classes) | \$194.00 \$234.00 |

MONDAY: 4:00pm-5:30pm: WEDNESDAY: 6:00pm-7:30pm
 THURSDAY: 4:00pm-5:30pm: SATURDAY: 9:00am-10:30am

INTERMEDIATE GIRLS 8 years +

This class is for girls ages 8 and up that have had previous gymnastics experience, or have been recommended for a more advanced recreational class.

| | | | |
|-------|--------|---|----------------------|
| Cost: | Fall | Mon, Wed (13 classes) Sat (14 classes) | \$338.00 \$364.00 |
| | Winter | 12 classes | \$312.00 |
| | Spring | Mon (10 classes) Wed,Sat (12 classes) | \$260.00 \$312.00 |

MONDAY: 5:30pm-7:30pm: WEDNESDAY: 4:00pm-6:00pm
 SATURDAY: 10:30am-12:30pm

BOYS RECREATION 7 years +

This class is for boys just starting to do gymnastics. They will learn the basics of gymnastics.

| | | | |
|-------|--------|--|----------------------|
| Cost: | Fall | Mon,Wed (13 classes) Sat (15 classes) | \$253.50 \$273.00 |
| | Winter | 12 classes | \$234.00 |
| | Spring | Mon (10 classes) Wed,Sat (12 classes) | \$195.00 \$234.00 |

MONDAY:4:00pm-5:30pm: WEDNESDAY: 5:30pm-7:00pm
 SATURDAY: 9:00am-10:30am

INTERMEDIATE BOYS 8 years +

This class is for boys ages 8 and up that have had previous gymnastics experience, or have been recommended for a more advanced recreational class.

| | | | |
|-------|--------|---|----------------------|
| Cost: | Fall | Mon, Wed (13 classes) Sat (14 classes) | \$338.00 \$364.00 |
| | Winter | 12 classes | \$312.00 |
| | Spring | Mon (10 classes) Wed,Sat (12 classes) | \$260.00 \$312.00 |

MONDAY: 5:30pm-7:30pm: WEDNESDAY: 3:30pm-5:30pm
 SATURDAY: 10:30am-12:30pm

TUMBLING & TRAMPOLINE CLASS

Non competitive tumbling and trampoline program for boys and girls with strength and flexibility training in a 1.5 hour class. Great for cheerleaders.

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|-------|--------|------------------|-------|
| Cost: | Fall | Wed (14 classes) | \$273 |
| | Winter | Wed (12 classes) | \$234 |
| | Spring | Wed (12 classes) | \$234 |

COMPETITIVE GYMNASTICS

We offer full Women's & Men's Competitive Artistic Gymnastic Programs. Admission to these programs require an assessment by the program head coach. Contact us for more information or to book assessment.



Class times are subject to availability and may change. Kerrigan Gymnastics Academy reserves the right to make modifications and changes to the information contained herein without notification. Prices DO NOT include GST and are subject to change. Membership and Insurance fees are extra. E&O.E.